

# 10th Annual **ADAPTED SPORTS DAY**



## **A DECADE OF SCORING GOALS**

Keynote speaker is ECU graduate, power hockey player, professional speaker and comedian SHAWN HESSEE.

SATURDAY, NOVEMBER 18th • 9:30 AM–3:30 PM • ECU STUDENT RECREATION CENTER

ADAPTED SPORTS DAY introduces individuals with and without disabilities to a wide variety of adapted sports such as rock wall climbing, hand cycling, shuffleboard, wheelchair volleyball, slalom course, bowling and billiards, tai chi, wheelchair basketball, bocce ball, wheelchair tennis, beep tennis, quad rugby, and seated aerobics.

A \$5.00 registration fee covers breakfast, lunch, the keynote presentation, all instructional classes, entry into facilities and parking. Registration will be conducted on-site beginning at 8:30 AM on the event date.



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