

## ***Student Union S.T.A.R Program***

### **Program Purpose Statement**

To provide students with an opportunity to develop leadership awareness, event-planning skills, a commitment of service to others while experiencing a sense of belonging.

### **Program Objectives**

1. Develop personal and event planning skills that will provide excellent members for the Student Union
2. Develop and emphasize team building by providing a sense of belonging
3. Develop efficient and effect volunteers that will provide a service to the ECU student population

### **What is the Student Union S.T.A.R. Program?**

The Student Union S.T.A.R Program serves as an opportunity for new members and individuals interested in obtaining information concerning leadership and the Student Union. Participants will have to opportunity to engage in hands-on event planning projects, meet prominent ECU faculty and staff, and interact with their peers. Moreover, this program seeks to emphasis teamwork and personal skill development in a friendly environment, and efficient and effective volunteers that will provide a service to the ECU community.

### **I am able eligible and how can I participate?**

The S.T.A.R program is open to all full-time ECU students. If you are interested in participating just fill out the short Student Union S.T.A.R Program application. Program participants can also participate and are encouraged on Student Union committee while partaking in the program.

### **Will participants incur a cost?**

There is no cost for students participating in the Student Union S.T.A.R program

## **Student Union S.T.A.R Program Components**

### ***Meeting Schedule and Leadership Series***

#### **S.T.A.R.S. Program Meeting**

Tuesday, August 21, 2007

Location: MSC 212

Time: 5 pm

#### **S.T.A.R.S. Program Workshop: Event Planning the Student Union Way**

Tuesday, September 4, 2007

Location: MSC 212

Time: 5 pm

*Students will learn the proper way of planning and conducting events as done in the Student Union. The information covered in this workshop will be beneficial to participants over the duration of the program with event planning projects occurring during the spring semester.*

### **S.T.A.R.S Program Workshop: True Colors**

Wednesday, September 12, 2007

Location : MSC 212

Time: 5pm

*One of the keys to becoming an effective leader, no matter what your ambitions are in life, is to learn what leadership qualities you currently possess, and to understand your own style of leadership. There are many different types of effective leaders, each possessing a specific set of skills that makes them who they are. Through the True Colors workshop, you will discover what type of leader you are and how you can work effectively with others.*

### **S.T.A.R.S Program Workshop: Being a Balanced Leader**

Wednesday, September 19, 2007

Location: MSC Great Room #3

Time: 5pm

*Often times, student leaders become so focused and involved in their activities that they forget that they are here to be a student first, and a leader second. It is important for you as a student leader to understand when to say "no." This program is focused on teaching you how to be a well-rounded individual, and being able to balance your time with school, extra-curricular involvements, as well as maintaining your personal life. This balance is essential to becoming an effective student leader, as well as keeping yourself mentally strong and morally straight throughout all of life's endeavors.*

### **S.T.A.R.S Program Workshop: Effective Communication**

Tuesday, October 2, 2007

Location: MSC 212

Time: 5 pm

*As students, we recognize the importance of communication in our everyday lives. This workshop will seek to inform program participants on various methods of communication while interacting in groups and leadership settings.*

### **S.T.A.R.S Program Project: Homecoming**

Wednesday, October 3, 2007 – Friday, October 26, 2007

### **S.T.A.R.S Program Meeting**

Tuesday, October 30, 2007

Location: MSC 212

Time: 5 pm

### **S.T.A.R.S Program Workshop: Leading the Way**

Tuesday, November 13, 2007

Location: MSC 241

Time: 5 pm

*As student leaders, we often find out that many times we are counted upon to provide and demonstrate the way. Leading the way encompasses more than leading while someone is looking, but extends to doing what is necessary and correct once know one is looking. The workshop will seek answer the question of "What does it mean to truly to Lead the Way".*

### **S.T.A.R.S Program Social**

Tuesday, November 27, 2007

Location: TBA

Time: TBA