East Carolina University
Tomorrow starts here.

Brody School of Medicine

The Brody Medical Scholarship
Having just finished their first year of medical school, Natalie DeSouza (foreground) and Rita Sridaran (background) pooled their interest and understanding of autism to establish a summer camp to serve children with this affliction. “We felt it was important for these special-needs children to maintain a learning environment through the summer, so the transition back to school would be easier for them,” said DeSouza and Sridaran. Organizing lesson plans, gathering materials, and teaching every day have been learning experiences for these Brody Scholars—enriching the lives of others as well as their own.

“The Brody Scholarship gave so much to me; this is a way that I can give back!” DeSouza says.
My father was an emergency medical technician and my mother was a nurse. He always told me to pursue my dreams. My dream is to become a family doctor. My family doesn’t have a lot of money, and I know how much it means when someone helps. So I want to help people who can’t afford to see a doctor. The Brody Scholarship will allow me to attend medical school without a lot of debt, so I can focus more on helping my community.

Before my father died of lung cancer, I was his primary caretaker. I saw what a difference family doctors made for him. They took care of him as a person. This scholarship has been such a blessing. It’s more than just the money. It’s also great to know that someone believes in me.

Brandi L. Gilchrist, Brody Scholar
Kill Devil Hills, North Carolina • Class of 2011

The Brody Medical Scholarship is North Carolina’s most distinguished medical scholarship.

Each year, four outstanding applicants to the Brody School of Medicine at East Carolina University are invited to become Brody Scholars.

This award provides full tuition and fees and most living expenses for four years of medical school, allowing scholars to choose a medical specialty without the worry of debt after graduation.

What’s more, the Brody Scholarship funds summer enrichment, such as travel abroad and special projects. The Brody Scholarship also supports service projects students may undertake while in medical school.

Brody Scholars join a dynamic group of medical students with exceptional values. Their service to others, character, and leadership allow them to design unique programs of study, supported by the scholarship program.

Since the program began in 1983, Brody Scholars have continued to succeed as compassionate healers and community leaders.

The Brody Medical Scholars program shares the goals of the medical school to improve the health and quality of life for people in eastern North Carolina.

“Tomorrow’s doctors. Today’s leaders.”
Health-Care Symposium

Developing leadership skills as a team, scholars create and present an annual health-care symposium on a topic of their choosing. This symposium allows scholars to share a leadership role with the health-care community. Scholars develop the symposium topic, plan its format, and conduct the program.

Summer Enrichment Projects

An important aspect of the Brody Scholars program is summer enrichment. Students who have completed at least one year of study are encouraged to design a learning experience that is based on their personal interests. The project includes medicine and service, and allows the scholars to learn outside the classroom. Many of their experiences have included volunteering in health clinics, travel to foreign countries, and working with disadvantaged youth. Students review their proposals with faculty members and then submit reports about their experiences at the end of the summer. A stipend is given to each student who participates in a summer enrichment program.

Past projects include the following:
- Clinical medicine in Nicaragua
- Medical Spanish and physician shadowing in Costa Rica and Guatemala
- Teaching science to disadvantaged youths
- Diabetic retinopathy screening
- Autism education to police departments
- Tutoring program for Boys and Girls Club
- Home visits for geriatric patients
- Free clinic administration

A Personal Approach

Each year, scholars take part in a professional development seminar. This program features a nationally known speaker who meets with scholars and other school leaders in a lively discussion session to help foster their strengths and interests.

As an additional distinction, upon graduation from the School of Medicine, Brody Scholars receive a special diploma noting their achievement. The Brody Banquet, held each spring, recognizes program graduates and brings them together with members of the Brody family and alumni scholars.
Medicine can be difficult, and sometimes tragic, but when a child is involved, there’s an element of joy and happiness. That’s why I chose to practice pediatrics.

At the Brody School of Medicine, I found the kind of warm, inviting, and supportive environment that fit me perfectly.

The Brody Scholarship in many ways defined my medical school experience. Other Brody Scholars became my study partners and, today, are among my best friends.

I will be eternally grateful to the Brody family for the support they gave us. That I was able to pursue my medical education without getting into significant debt was a huge help.

Being a general pediatrician is not one of the highest-paying specialties. But because of the Brody Scholarship, I’ve been able to follow my heart and not worry about repaying large loans.

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“In the demanding evolution of student to doctor, we struggle to find our passion.”

Laurie Green, Brody Scholar, and Katie Williams, Brody medical student

Providing a glimpse into the soul of the medical student body, Brody Scholar Laurie Green and medical student Katie Williams created a literary publication of photographs, poetry, and artwork. Realizing that as doctors they treat the entire person, they use an artist’s eye to bridge the two disciplines, intersecting art and medicine, and in so doing strengthen their community, their school, and themselves.

The resulting literary magazine—type.cast—is bursting with the creativity of their fellow medical students. Working with the Department of Medical Humanities, Green and Williams served as the literary and art editors, respectively. The result is a sample of talent and achievement.

“By highlighting the creative efforts of Brody’s medical students, we hope to establish an avenue to reflect, explore, and artistically express our experiences,” they said.

The Brody Scholarship’s objective of supporting the creative leader in the medical profession lives in this exemplary publication.

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Rasheeda Taliaferro Monroe, MD, Brody Scholar
Greenville, North Carolina • Class of 2005
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BRODY LEGACY

The Brody Medical Scholars program was established by the Brody family of Kinston and Greenville, North Carolina, as part of its long-standing commitment to the Brody School of Medicine at East Carolina University.

Beginning with a generous gift to East Carolina University to help establish the medical school, the Brody family has steadfastly supported medical education at ECU and remains one of the school’s most dedicated friends.

The Brody Scholars program honors J. S. “Sammy” Brody, who died in 1994. He and his brother, Leo, were among the earliest supporters of medical education in eastern North Carolina. The legacy continues through the dedicated efforts of Hyman Brody and David Brody. Subsequent gifts through the Brody Foundation have enabled the medical school to educate new physicians, conduct important research, and improve health care in eastern North Carolina.

Brody Scholarship Award Criteria

The Brody Scholarship Award is offered to incoming medical students who show high scholarship ability, with strong evidence of leadership, service, moral character, and a promise of distinction in medicine.

Preference is given to residents of eastern North Carolina with an interest in primary care. If a student maintains acceptable academic progress, these funds are renewable for up to four years of medical school.

Each year, twelve accepted applicants to the Brody School of Medicine are invited to interview for the four Brody Scholar Awards given to each entering class. Students may also self-nominate to be considered for this competitive process.

For more information, see the Brody School of Medicine Admissions Procedure at www.ecu.edu/bsomadmissions or call the admissions office at 252-744-2202.

Leo Brody, J. S., “Sammy” Brody, and his wife, Myrtilla, are shown from left in this photo from about 1982.