UNIVERSITY ATHLETICS COMMITTEE (UAC) MEETING MINUTES November 27, 2018, 3:30 PM

Regular Member Attendees: Alex Durland, Mark Moore, Deborah Shoop, Chal Benson

Ex-officio Members (with vote): Cal Christian, Kathy, Cox

Ex-officio Members (without vote): Sharon Moore, Lee Workman, Chris Stansbury, Nita Boyce, Austin Allen

Guests: Jacob Moore, Joe Armen

- Approval of the October 23th, 2018 minutes
 A motion to approve the minutes was made by Cal Christian, seconded by Mark Moore, motion passed.
- 2. Discussion with Jake Moore and Dr. Joe Armen Jake Moore head athletic trainer for football and Dr Joe Armen ECU team physician provided an overview of the ECU athletics policy in regards to heat related illness. This is in response to recent events at another university. He outlined and provided a copy of the policy and discussed their plan of action onsite or with a change in venue for an athlete who shows symptoms of heat related illness. This included using onsite cold tubs, and ice baths when cold tubs are not accessible, and the contact they have had with ems about the policy. They also discussed reporting hierarchy of athletic trainers to Dr. Armen about any medical events, and to Mike Hanley as the administrator. Athlete wellbeing was discussed including their 24hour contact to the athletic trainers, history screens to identify risk for heat related illness, and weight monitoring for fluid loss during practice in summer months. Jake also mentioned his ability to monitor weather forecasts to assess elevated risk for heat illness. He did mention a shift to morning football practice has helped with weather issues. Questions raised by the committee was for more explanation on concussion protocol, which is the method of monitoring an athlete's symptoms prior to return to play, and the question of when institutional oversight ends as it relates to injuries. Dr. Armen mentioned thorough documentation, exit surveys, and 24 hour contact with athletic trainers and himself help to provide access when athletes are away from campus, and ensure no residual symptoms when they complete their time at ECU.
- 3. Update from Department of Athletics Representative (Lee Workman). Mr. Workman provided an over view of fall sports teams and their records/accomplishments including congratulations for SAAC president Austin Allen and his time as a student athlete and recent acceptance to medical school. He discussed the NCAA change in how an athlete applies for transfer, and how now they provide notification to transfer and submit their information into a portal that can been seen by all schools. This allows a university to stop financial aid in the future even if the student ultimately does not transfer. Cal Christian acknowledged and thanked Mr. Workman for his years of service to ECU as he transitions to retirement by January 1st 2019. Mr. Workman discussed the sharing of information within administration should the athletics director position not be filled by January 1. He did mention that the search for a new athletics director is ongoing and they hoped to have someone in place before January.

- 4. Update from Faculty Athletics Representative (Cal Christian). Dr. Christian reported on a consultant hired by the board of trustees to assess athletics in improving their APR scores. This should be complete by mid January and will help prepare the department for an NCAA audit in the next few years. He discussed the conference meeting of all FARs and the works starting on a policy for missed class time and scheduling during exams. He will work on drafting a similar policy for East Carolina University which he will bring before this committee. AAC symposium meets later this year with the topic of mental health and the student athlete. They are still accepting applications for a grant through the AAC. Lee Workman mentioned a future goal of the department was to have a full time mental health counselor.
- 5. The Academic Subcommittee met in closed session to review academic information with Nita Boyce (Moore, Durland, Cox, Christian, Benson, Shoop).

Next meeting is January 22, 2019 at 3:30 PM. Respectfully submitted, Alex Durland