

UNIVERSITY ATHLETICS COMMITTEE (UAC) MEETING MINUTES
January 21, 2020, 3:30 PM

Regular Member Attendees: Mike Harris, Alex Durland, Sharon Justice, Mark Moore, Charles Meadows, Peter Francia

Ex-officio Members (with vote): Cal Christian, Bob Kulesher, Matthew Miller

Ex-officio Members (without vote): Mark Sanders, Alex Keddie, Chris Stansbury, Nita Boyce

Guests: Mike Hanley, Jake Moore, Kristina Parrish, Rachel Baker

1. Meeting was opened with the call to approve minutes from the November 19th, 2019 meeting. A motion to approve the minutes was made by Cal Christian, seconded by Bob Kulesher, motion passed. Rachel Baker was introduced as a guest from the Office of Faculty Senate.
2. Update from Mike Hanley, Senior Associate Athletics Director for Student Services: Mike reported on the academic records and successes from the athletics department for this past semester, including record GPA for the department. He touched on upcoming meets for swimming and track, and that spring sports are in full swing with practices/competitions, along with fall sports back working out. Mike brought up a new initiative implemented by Alex Keddie to track APR mid semester in order to monitor academic success and identify any issues so that they may be corrected before they become point deductions. Mike also educated the committee on his role as a liaison between the athletics department and other university services to ensure athletes have access to and are aware of what's available to them.
3. Update from Faculty Athletics Representative Cal Christian: Dr. Christian commented further on Alex Keddie's monitoring of APR and how it will allow better compliance with NCAA standards. He emphasized the strong academic performances from the athletics department this past semester, and briefly went over his role as FAR in supporting the athletics department academically and as a liaison for the department to the provost and chancellor. The annual AAC symposium is coming up in March which he will report back on. The Goldsby's are scheduled for April 20th this spring, with Baseball and Track hosting their annual banquet in the next few weeks.
4. Guests Jake Moore and Kristina Parrish were introduced to discuss their roles with student athletes. Jake, head athletic trainer for football, presented on the department's concussion management protocol that begins with a focus on education for athletes and coaches. They are educated on the signs and symptoms not only for themselves but for recognizing symptoms in other athletes. This includes signing to acknowledge that they have been educated. Athletes undergo baseline testing including neurocognitive testing and balance testing. This can be used if a concussion is suspected and as a benchmark for return to participation. On field assessment usually includes the SCAT5 and possibly balance testing if it's a home event and additional testing as needed. Athletes are educated on their symptoms and seen by a physician within 24 hours. The concussion management team which includes the athletic trainer, physician, team administrator and academic support specialist are all made aware of the situation, and any academic adjustments that are necessary are put in place for 10 days, after which they are

reassessed for these needs. The athlete meets daily with the athletic trainer to assess symptoms with gradual return to activity as appropriate. Other support is used for longer lasting symptoms including but not limited to speech/language pathology neuropsychology as needed. Excused absences for the student athlete are at the discretion of the faculty, which historically as long as a medical documentation is provided, have not been an issue. Several questions from the committee were answered including the average number of concussions a month at about 5-7, and that history of concussion being something the athlete is responsible to report during their initial health screen. There is reporting of concussions to the NCAA as part of a reporting systems that includes other “catastrophic” injuries. A physician is on field for all contact sports, and available by phone for all others including all practices. There is a good working relationship with local EMS for medical management plans. Kristina Parrish, Director of Sports Nutrition, provided an overview of her role within the department. She discussed the training table that is available for football, and both men’s and women’s basketball teams. This helps to ensure they have healthy eating options with Kristina onsite to answer questions and ensure healthy eating habits for student athletes. They have fueling stations in weight room areas for access to shakes, bars and other nutritional needs after training. She currently meets with incoming football student athletes to discuss her availability and provide education for them on healthy eating. Individuals can schedule appointments to meet with her as needed to discuss their specific needs or questions as it relates to their nutrition. She works closely with the nutrition department here at ECU as a guest lecturer and taking interns for educational experiences. She is in discussion with Danielle Morin about developing education for healthy eating after leaving ECU for student athletes as they approach graduation. Kristina helps to educate staff on eating disorders and body image, and what to look for to identify potential concerns. She also helps to coordinate menu options and make healthy eating recommendations for teams as they travel.

5. Member Comments: Matthew Miller rep of the student body brought up a new initiative on campus termed the responsible behavior initiative in order to promote and reinforce positive behaviors of students as recognized by police. The goals are to emphasize responsibility to oneself, other and to the core values of ECU, to promote positive police and community interactions, and to reward behavior that are characteristic of a responsible community member. This program is looking to begin with student groups such as greek organizations and student athletes. Matthew also brought up the survey going out to gauge student opinions for the ECU chancellor search, and the importance of student athletes expressing their opinion on the survey.

Next meeting is February 18, 2020 at 3:30 PM.

Respectfully submitted, Alex Durland