



STATE OF NORTH CAROLINA

HEALTH CARE POWER OF ATTORNEY

COUNTY OF \_\_\_\_\_

(Notice: This document gives the person you designate your health care agent broad powers to make health care decisions, including mental health treatment decision, for you. Except to the extent that you express specific limitations or restrictions on the authority of your health care agent, this power includes the power to consent to your doctor not giving treatment or stopping treatment necessary to keep you alive, admit you to a facility, and administer certain treatments and medications. This power exists only as to those health care decisions for which you are unable to give informed consent.

This form does not impose a duty on your health care agent to exercise granted powers, but when a power is granted, your health care agent will have to use due care to act in your best interests and in accordance with this document. For mental health treatment decisions, your health care agent will act according to how the health care agent believes you would act if you were making the decision. Because the powers granted by this document are broad and sweeping, you should discuss decisions with your health care agent.

Use of this form in the creation of a health care power of attorney is lawful and is authorized pursuant to North Carolina law. However, use of this form is an optional and nonexclusive method for creating a health care power of attorney and North Carolina law does not bar the use of any other or different form of power of attorney for health care that meets the statutory requirements.)

I, \_\_\_\_\_, being of sound mind, hereby appoint

Name \_\_\_\_\_

Home address \_\_\_\_\_

Home telephone \_\_\_\_\_

Work telephone \_\_\_\_\_

As my healthcare attorney-in-fact (herein referred to as my "healthcare agent") to act for me and in my name (in any way I could act in person) to make healthcare decisions for me as authorized in this document.

If the person named as my healthcare agent is not reasonably available or is unable or unwilling to act as my agent, then I appoint the following person(s) (each to act alone and successively, in the order named) to serve in that capacity. (optional)

Name \_\_\_\_\_

Home address \_\_\_\_\_

Home telephone \_\_\_\_\_

Work telephone \_\_\_\_\_

Name \_\_\_\_\_

Home address \_\_\_\_\_

Home telephone \_\_\_\_\_

Work telephone \_\_\_\_\_

Each successor healthcare agent designated shall be vested with the same power and duties as if originally named as my healthcare agent.

## Effectiveness of appointment

*(Notice: This healthcare power of attorney may be revoked by you at any time in any manner by which you are able to communicate your intent to revoke to your healthcare agent and your attending physician.)* Absent revocation, the authority granted in this document shall become effective when and if the physician or physicians designated below determine that I lack sufficient understanding or capacity to make or communicate decisions relating to my healthcare and will continue in effect during my incapacity, or until my death. This determination shall be made by the following physician or physicians *(You may include here a designation of your choice, including your attending physician, or any physician. You may also name two or more physicians, if desired, both of whom must make this determination before the authority granted to the healthcare agent becomes effective.)*

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## General Statement of Authority Granted

Except as indicated in section 4 below, I hereby grant to my health care agent named above full power and authority to make health care decisions, including mental health treatment decisions on my behalf, including, but not limited to, the following:

- A. To request, review, and receive any information, verbal or written, regarding my physical or mental health, including, but not limited to, medical and hospital records, and to consent to the disclosure of this information.
- B. To employ or discharge my health care providers.
- C. To consent to and authorize my admission to and discharge from a hospital, nursing or convalescent home, or other institution;
- D. To consent to and authorize my admission to and retention in a facility for the care or treatment of mental illness.
- E. To give consent to and authorize the administration of medication for mental health treatment and electroconvulsive treatment (ECT) commonly referred to as “shock treatment”.
- F. To give consent for, to withdraw consent for, or to withhold consent for, X ray, anesthesia, medication, surgery, and all other diagnostic and treatment procedures ordered by or under the authorization of a licensed physician, dentist, or podiatrist. This authorization specifically includes the power to consent to measures for relief of pain.
- G. To authorize the withholding or withdrawal of life-sustaining procedures when and if my physician determines that I am terminally ill, permanently in a coma, suffer severe dementia, or am in a persistent vegetative state. Life-sustaining procedures are those forms of medical care that only serve to artificially prolong the dying process and may include mechanical ventilation, dialysis, antibiotics, artificial nutrition and hydration, and other forms of medical treatment which sustain, restore or supplant vital bodily function. Life-sustaining procedures do not include care necessary to provide comfort or alleviate pain. I DESIRE THAT MY LIFE NOT BE PROLONGED BY LIFE-SUSTAINING PROCEDURES IF I AM TERMINALLY ILL, PERMANENTLY IN A COMA, SUFFER SEVERE DEMENTIA, OR AM IN A PERSISTENT VEGETATIVE STATE.
- H. To exercise any right that I may have to make a disposition of any part of all of my body for medical purposes, to donate my organs, to authorize an autopsy, and to direct the disposition of my remains.
- I. To take any lawful actions that may be necessary to carry out these decisions, including the granting of releases of liability to medical providers.

**Special provisions and limitations** *(Notice: The above grant of power is intended to be as broad as possible so that your health care agent will have authority to make any decisions you could make to obtain or terminate any type of health care. If you wish to limit the scope of your health care agent's powers, you may do so in this section.)*

- A. In exercising the authority to make health care decisions on my behalf the authority of my health care agent is subject to the following special provisions and limitations. *(here you may include any specific limitations you deem appropriate such as: your own definition of when life-sustaining treatment should be withheld or discontinued, or instructions to refuse any specific types of treatment that are inconsistent with your religious beliefs, or unacceptable to you for any other reason.)*
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- B. In exercising the authority to make mental health decisions on my behalf, the authority of my health care agent is subject to the following special provisions and limitations *(Here you may include any specific limitation you deem appropriate such as: limiting the grant of your authority to make only mental health treatment decisions, your own instructions regarding the administration or withholding of psychotropic medications and electroconvulsive treatment (ECT), instructions regarding you admission to and retention in a health care facility for mental health treatment, or instructions to refuse any specific types of treatment that are unacceptable to you.)*
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- C. *(Notice: This health care power of attorney may incorporate or be combined with an advance instruction for mental health treatment, executed in accordance with Part 2 of Article 3 of Chapter 122C of the General Statutes, which you may use to state your instructions regarding mental health treatment in the event you lack sufficient understanding or capacity to make or communicate mental health treatment decisions. Because your health care agent's decisions about decisions must be consistent with any statements you have expressed in an advance instruction, you should indicate here whether you have executed an advance instruction for mental health treatment.)*
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### **Guardianship provision**

If it becomes necessary for a court to appoint a guardian of my person, I nominate my health care agent acting under this document to be the guardian of my person, to serve without bond or security. The guardian shall act consistently with G.S. 35A-1201(a)(5).

### **Reliance of third parties on health care agent**

- A. No person who relies in good faith upon the authority of or any representations by my health care agent shall be liable to me, my estate, my heirs, successors, assigns, or personal representatives, for actions or omissions by my health care agent.
- B. The powers conferred on my health care agent by this document may be exercised by my health care agent alone, and my health care agent's signature or under the authority granted in this document may be accepted by persons as fully authorized by me and with the same force and effect as if I were personally present, competent, and acting on my own behalf. All acts performed in good faith by my health care agent pursuant to this power of attorney are done with my consent and shall have the same validity and effect as if I were present and exercised the powers myself, and shall inure to the benefit of and bind me, my estate, my heirs, successors, assigns, and personal representatives. The authority of my health care agent pursuant to this power of attorney shall be superior to and binding upon my family, relatives, friends and others.

**Miscellaneous provisions**

- A. I revoke any prior health care power of attorney
- B. My health care agent shall be entitled to sign, execute, deliver, and acknowledge any contract or other document that may be necessary, desirable, convenient or proper in order to exercise and carry out any of the powers described in this document and to incur reasonable costs on my behalf incident to the exercise of these powers; provided, however that except as shall be necessary in order to exercise the powers described in this document relating to my health care, my health care agent shall not have any authority over my property or financial affairs.
- C. My health care agent and my health care agent’s estate, heirs, successors, and assigns are hereby released and forever discharged by me, my estate, my heirs, successors, and assigns and personal representatives from all liability and from all claims or demands of all kinds arising out of the acts or omissions of my health care agent pursuant to this document, except for willful misconduct or gross negligence.
- D. No act or omission of my health care agent, or of any other person, institution, or facility acting in good faith in reliance on the authority of my health care agent pursuant to this health care power of attorney shall be considered suicide, nor the cause of my death for any civil or criminal purposes, nor shall it be considered unprofessional conduct or as a lack of professional competence. Any person, institution, or facility against whom criminal or civil liability is asserted because of conduct authorized by this health care power of attorney may interpose this document as a defense.

**Signature of Principal**

By signing here, I indicate that I am mentally alert and competent, fully informed as to the contents of this document, and understand the full import of this grant of powers to my health care agent.

\_\_\_\_\_ (Seal)  
 Date Signature of Principal

**Signatures of Witnesses**

I hereby state that the Principal, \_\_\_\_\_, being of sound mind, signed the foregoing health care power of attorney in my presence, and that I am not related to the principal by blood or marriage, and I would not be entitled to any portion of the estate of the principal under any existing will or codicil of the principal or as an heir under the Intestate Succession Act, if the principal died on this date without a will. I also state that I am not the principal’s attending physician, nor an employee of the principal’s attending physician, nor an employee of a nursing home or any group care home where the principal resides. I further state that I do not have any claim against the principal.

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CERTIFICATE

STATE OF NORTH CAROLINA

COUNTY OF

I, \_\_\_\_\_, a Notary Public for the  
County of \_\_\_\_\_, hereby certify that

\_\_\_\_\_, the declarant, appeared before me and swore to  
me and to the witnesses in my presence that this instrument is his Declaration of a Desire for a  
Natural Death, and that he had willingly and voluntarily made and executed it as his free act and deed  
for the purposes expressed in it.

I further certify that \_\_\_\_\_ and  
\_\_\_\_\_, witnesses, appeared before me and swore that  
they witnessed \_\_\_\_\_, declarant, sign the attached  
declaration, believing him/her to be of sound mind; and also swore that at the time they witnessed the  
declaration (i) they were not related within the third degree to the declarant or to the declarant's  
spouse, and (ii) they did not know or have a reasonable expectation that they would be entitled to any  
portion of the estate of the declarant upon the declarant's death under any will of the declarant or  
codicil thereto then existing or under the Intestate Succession Act as it provides at that time, and (iii)  
they were not a physician attending the declarant or an employee of an attending physician or an  
employee of a health facility in which the declarant was a patient or an employee of a nursing home  
or any group-care home in which the declarant resided, and (iv) they did not have a claim against the  
declarant I further certify that I am satisfied as to the genuineness and due execution of the  
declaration.

This the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_ .

\_\_\_\_\_  
Notary Public

My Commission Expires: \_\_\_\_\_

**(NOTARY SEAL)**